

## Kinetix Move2Learn Programme

The Kinetix Move2Learn programme is a **specialized physical development programme** for preprimary school learners aged 2-6years. The main focus of the programme is to provide children with the necessary and specialized training programmes to develop the needed skills in order to be optimally equipped to make a successful transition from the pre-primary phase to the primary phase.

The Kinetix programme was **developed by specialist** in the field of early childhood development and Kinderkinetics, and is one of the most specialized science based physical development programmes currently available. The programme is specifically developed to address the needs of the developing child in order to prepare them for a **successful start to their academic careers**. The holistic approach of the programme ensures that the child will have a well **established basis** from which to develop more **complex skills** such as those needed for reading, writing and mathematics. The programme also prepares the child for **sport participation** and is therefore one of the few programmes out there to truly address both academics and sport. The programme is also in line with the current CAPS curriculum and will therefore easily serve as part of the weekly curriculum activities.

The programme is built on 4 development pillars namely **physical** development, **motor** development, **sensory** development and **perceptual** development. Development in areas will assist greatly in ensuring that learners reach the appropriate **developmental milestones** at the right times.

For a learner to be school ready he/she must be able to cope with the everyday physical and sensory demands. The learner needs well developed motor and sensory systems in order to form high quality perceptions and therefore the appropriate reactions. Learning will only take place at an optimal level when these processes are functioning at an optimal level.

## What is Kinderkinetics?

Kinderkinetics is a specialised paediatric profession which focuses on improving a child's **holistic development** and wellness. This form of therapy involves physical activities for typical and atypical developing children between the ages 0-13 years old.

### Children who will benefit

- Children with gross motor deficits,
- Children with postural deficits which causes a barrier in sport or academic performance
- Children who are overweight or obese
- Children with ADHD, SID and DCD
- Children with a wide spectrum special needs such as Cerebral Palsy, Autism and Down Syndrome.

## Programme Implementation

- 1 x 30minute session per week
- Sessions presented by trained Kinetix instructors
- Specialized equipment provided by Kinetix
- 2x Milestone assessments per year (Term2 and Term 4)
- Each child receives a certificate at the end of the year

## Packages and Pricing

### SCHOOL CONTRACT(Prices excl VAT)

The school enters into a **1 year contract** with Kinetix

The cost per child is **R270/term(R90/month)** and the sessions are compulsory for all learners. (Minimum of 30 learners)

### INTERESTED PARTY BASIS (Prices excl VAT)

Children enrol as an interested party basis.

The cost per child is **R540/term** with a once off R150 enrolment fee.

